# BOYNE VALLEY CATHOLIC COMMUNITY MONTHLY NEWSLETTER

November 2025 | ISSUE 10



### MINISTRY OF THE MONTH: Good Neighbors Food Pantry

Information Provided by Nancy Simon, Secretary

Since the pantry's inception 10 years ago, Good Neighbors has focused on offering those with food insecurity a place to obtain a basic human need, food.

The pantry is open every week of the year. If we do close, we still offer emergency food boxes for those in need. Good Neighbors Food Pantry provides food to anyone in Charlevoix county or surrounding areas who need food. There is no need of proof of income or any additional paperwork and shoppers do not need to call before they come to the pantry. In 2024, Good Neighbors Food Pantry served 3,503 families which equates to 10,987 people.

The need for food has grown slowly but steadily through this year. The past three weeks, the pantry has served 95 families each week, many of these visiting the pantry for the first time. Every week, we provide St. Matthew's with a list of 5-6 items that we are out of/short of or that Manna will not have that we can purchase that week. The donations from St. Matthew's have really made a difference, both the canned goods and the monetary donations. We are very grateful for your support and know that you are making a real difference in the lives of your neighbors.

### Mission Statement:

Good Neighbors Food
Pantry of Boyne City
brings the whole
community together to
serve people
experiencing food
insecurity. Doing so
strengthens our
community by providing
opportunities for
neighbors to help
neighbors.

Scan Here to Donate:



#### Volunteer Run

There are opportunities for volunteers 7 days a week. Everyday, there are people getting things ready for the Tuesday pantry operation. Shoppers join us on Tuesdays from 10-12 and 2-5:30. It takes many volunteers, each week, to have the pantry ready for shoppers and including, but not limited to, the following weekly jobs: Inventorying stock weekly, preparing shopping lists, Shopping at Manna Food Project, Aldi, Walmart, Dollar General, Family Fare, etc., food rescue at many area grocery stores, restaurants and vendors, stocking of shelves, creating and executing marketing programs such as the Turkey fundraiser for Thanksgiving, creating, purchasing and assembling special food offerings, throughout the year, such as bags for kids, holiday bags, birthday bags, food assembly kits (i.e., taco kits or chili kits, for example), etc., driving the truck/trailer to Manna weekly to pickup order, and cleaning of the pantry.

There are many jobs available, just bring us your gifts and we can help to see where they fit!

In the summer, Boyne City Farmer's Market and St. Matthew's garden provide healthy fruits and vegetables. Throughout the year, we have many vendors that offer us items such as apples for Thanksgiving boxes from King's Orchard and others

#### Thanksgiving Program

Every Thanksgiving, the pantry provides families with a complete Thanksgiving meal. We will be distributing these bags on Tuesday, November 25. Each family will be given a turkey, stuffing, mashed potatoes, gravy, cranberry sauce, sweet potatoes, green bean casserole kit, rolls, butter, fruit, dessert kit and an appetizer. They will get a nice printed menu, Thanksgiving napkins and even a few puzzle sheets that are Thanksgiving oriented. All come in a reusable bag. All this is made possible by donations from the community. We have a new 'donate' button on our website that now allows for donations via e-check, credit card, PayPal and Venmo.

#### Interested in getting involved?

Just dive in, start small. Get your feet wet. There are some things that need to be done that don't require a lot of your time. We would welcome you with open arms. Reach out to Nancy at timbernorth@comcast.net or 248-210-7727.

#### Virtue of the Month - Gratitude

Gratitude is a virtue that involves acknowledging gifts from God and others, feeling thankful for them, and responding with words and deeds. It is a sincere appreciation that goes beyond obligation and is rooted in recognizing that blessing are freely given, not just earned. This internal disposition of thankfulness then expresses itself through external actions fostering humility and creating a cycle off reciprocating goodness.

## Gratitude in Action

Reflecting on the good that has come from both positive and negative experiences

Using a journal to record blessings

Express thanks to others through notes or conversations

Integrating mindful appreciation into daily routines

Pay it forward by performing acts of kindness for others

"If souls are humble, they will be moved to give thanks.

-St. Teresa of Avíla